



# **33<sup>rd</sup> BELGIAN OPEN KYORUGI & POOMSAE 2012**



European Taekwondo Union Official A - Class Tournament

## **INVITATION POOMSAE**

Dear Mr President,  
Dear Sir,  
Dear Madam,

On behalf of the Belgian Taekwondo Union, I am proud to invite You and Your athletes to participate in the 33<sup>rd</sup> Belgian Open Taekwondo Championships Kyorugi and Poomsae 2012 which will be held in Gent, Belgium, on **31 March and 1 April 2012**.

**The Belgian Open Championships are the perfect preparation for the World Junior Championships Kyorugi in April in Sharm El Sheikh, the European Senior Championships Kyorugi in May in Manchester and for the World Championships Poomsae in Columbia!!**

We guarantee high quality organization and competition - with only the best international referees worldwide - in order to guarantee high level transparency, fair play & impartiality for the athletes.

For the **Poomsae competition** the A-class categories are programmed on Saturday. The B- and C- Class Categories (**8 Geup until 1 Geup**) will be able to compete on Sunday.

There are two NEW aspects regarding this 33<sup>rd</sup> edition!!!

1. The **new WTF-regularization** for A-categories will be used!
2. **Electronic scoring systems** will be used on Saturday and Sunday for the A and B Categories!

We are looking forward to receive your **confirmation of participation** for this event **no later than 12 March 2012**. **Hotel bookings** must reach the organization **no later than 27 February 2012!!**

The Belgian Taekwondo Union will be honoured to welcome You and Your athletes.

Yours sincerely,

Steve Grommen



**President National Belgian Taekwondo Union  
President Flemish Taekwondo Union**

## 1. ORGANIZATION

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<b>Supervisor</b>	National Belgian Taekwondo Union
<b>Organization</b>	Vlaamse Taekwondo Bond vzw - Flemish Taekwondo Union H. Van Veldekesingel 150/73 BE-3500 Hasselt Phone: + 32 11 87 09 19 Fax: +32 11 87 09 17 belgianopen@taekwondo.be
<b>President</b>	Mr. Steve Grommen
<b>Poomsae Referee Director</b>	<b>Mr. Mustapha Moutarazak (IPR)</b>

## 2. DATE AND PLACE

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<b>Date</b>	30 - 31 March and 1 April 2012
<b>Competition date</b>	Saturday 31 March 2012: <b>A-Cat.: 1<sup>st</sup> Dan/Poom and higher</b> Sunday 1 April 2012: <b>8<sup>st</sup> Geup until 1<sup>st</sup> Geup</b>
<b>Competition hall</b>	Topsportal Vlaanderen Zuiderlaan 14, 9000 Gent
<b><u>Time Table</u></b>	
<b>Friday 30<sup>th</sup> March</b>	Registration for both competition days in competition hall. Registration: 14:00 – 20:00 (local time) <b>Because of organizational concern, teams and individual athletes are encouraged to register on Friday!</b>
<b>Saturday 31<sup>st</sup> March</b>	08.00-09.00: Registration for competition on Saturday 09.30: Start competition A-cat.: 1 <sup>st</sup> Dan/Poom and higher
<b>Sunday 1<sup>st</sup> of April</b>	08.00-09.00: Registration for competition on Sunday 09.30: Start competition <b>8<sup>st</sup> Geup until 1<sup>st</sup> Geup</b>
	<b>NOTE:</b> Times are subject to change.

## 3. CONTESTANTS

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<b>Membership</b>	Proof of membership by valid National Federation Passport with ETU/WTF membership. All competitors have to prove their age and nationality by presenting their passport or identification card at the registration. Those who are <b>not recognized as adults</b> by law in their own country must submit <b>a passport or identification card together with a written consent</b> (liability declaration) at registration signed by parents or lawful guardians, accepting the participation and all parts of the official invitation.
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**Graduation****Dangrades A-Cat.: 1<sup>st</sup> Dan/Poom and higher**

(Belt class according to WTF-regulations)

**Geupgrades B-Cat.: 4<sup>th</sup> Geup until 1<sup>st</sup> Geup**

(Belt class according to WTF / VTB-regulations)

**Geupgrades C-Cat.: 8<sup>th</sup> Geup until 5<sup>th</sup> Geup**

(Belt class according to WTF / VTB-regulations)

*The age categories are based on the year of birth. For example, if someone is 17 years old on the day of competition and he/she is still to become 18 years, then he/she will participate in the division 18 until 29 years.*

**A-Class Categories (Saturday 31 March 2012)**

(Belt class according to WTF regulations)

One day before the competition the Taegeuk/Poomsae will be published on the VTB-site:

[www.taekwondo.be](http://www.taekwondo.be)

**1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> round (finals): 2 taegeuks/poomsae** (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).

2 Taegeuk/Poomsae with 30 second pause. For each Taegeuk/Poomsae 2 points will be given (each Taegeuk/Poomsae is judged separately and the points will be announced immediately after the Taegeuk/Poomsae).

**Table Individual A-class**

Division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 10 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
11 - 13 year	
14 – 17 year	Taegeuk 4, 5, 6, 7, 8 jang Koryo, Keumgang, Taeback
18 - 29 year	Taegeuk 6, 7, 8 jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
30 - 39 year	
40 - 49 year	Taegeuk 8 jang, Koryo, Keumgang, Taeback Pyongwon, Shipjin, Jitae, Cheonkwon
50 - 59 year	Koryo, Keumgang, Taeback, Pyongwon Shipjin, Jitae, Chonkwon, Hansu
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) A-class**

Pair division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
t/m 13 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
14 – 29 year	Taegeuk 6, 7, 8 Jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
plus 30 year	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Cheonkwon
Team division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
t/m 13 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
14 – 29 year	Taegeuk 6, 7, 8 Jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
plus 30 year	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Cheonkwon

All compulsory Poomsae for the 1<sup>st</sup>, 2<sup>nd</sup> and final round for A-Categories will be announced 1 day before the competition on the website: [www.taekwondo.be](http://www.taekwondo.be)

### Free Style Poomsae Competition A-Class Categories (Saturday 31 March 2012)

The Free Style competition will be started **for only** Dan/Poom degrees in all age categories.

Below an overview of the rules which should be followed:

1. Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography.
2. Number of Poom: Each performance shall be composed of 20 to 24 poom. (Composition of 1 poom shall be no more than 5 motions.)
3. Technique: Each performance shall be composed of attacking and defending techniques of taekwondo with **60% foot techniques** and **40% hand techniques**.
4. Music & choreography shall be the choice of the contestant.
5. Free Style Poomsae: **Individual**, **Pair**, and **Mixed Team** competitions from 60 seconds to 70 seconds.

**Geupgrades B- and D-Class Categories (1 April 2012)**

(Belt class according to WTF/VTB-regulations)

**Tabel: Individual B-Class Categories**

Must give four different Taegeuk/Poomsae:

**1<sup>st</sup>, 2<sup>nd</sup> round: 1 taegeuk** (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).**3<sup>rd</sup> round (finale): 2 taegeuks** with 30 seconds pause (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).**Table Individual B-class**

Division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 7 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
8 - 10 year	
11 - 13 year	
14 – 17 year	
18 - 29 year	
30 - 39 year	
40 - 49 year	
50 - 59 year	
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) B-class**

Pair division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
14 – 29 year	
plus 30 year	
Team division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
14 – 29 year	
plus 30 year	

**Tabel: Individual C-Class Categories**

Must give different or same Taegeuk/Saju:

**1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or more rounds: 1 taegeuks/Saju** (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).

"Saju" literally means four directions (kick and/or hand techniques) in a stand. It's a kind of preparation for Poomsae/Taegeuk.

**Table Individual C-class**

Division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 7 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
8 - 10 year	
11 - 13 year	
14 – 17 year	
18 - 29 year	
30 - 39 year	
40 - 49 year	
50 - 59 year	
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) C-class**

Pair division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
14 – 29 year	
plus 30 year	
Team division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
14 – 29 year	
plus 30 year	

**Note: Pair and Team (C-category) that are participating on the same field, must discuss with each other who's next.**

## 4. COMPETITION RULES

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<b>Competition Rules</b>	Saturday: WTF competition rules Sunday: WTF/VTB competition rules
<b>Forms</b>	Taegeuk and higher WTF/Kukkiwon poomsae
<b>Mode</b>	<p>1) Athletes shall be allowed to compete in more divisions: Individual Division, Team Division, Pair Division.</p> <p>2) <b><u>Cut off system</u></b> for Dangrades and B-Class Categories:  <b>1<sup>st</sup> round:</b> all competitors (<b>+20 competitors</b>)  <b>2<sup>nd</sup> round:</b> at least 50% of the competitors (<b>9-19</b>) (including participants with equal scores)          (possibility for extra rounds in case of equal scores to qualify for the finals)  <b>3<sup>rd</sup> round:</b> maximum of <b>8 competitors</b> (highest scores) can qualify for this round.  <b>4<sup>th</sup> round:</b> after equal score: between 1 – 2 – 3 – 4 ranking</p> <p>3) <b><u>Single elimination tournament system</u></b> or <b><u>Round robin system</u></b> for C-Class *</p> <p>Red and Blue Card: Two participants run at the same time Taegeuk / Saju or basic technique and the jury will be raising the card for the winner. Teams and pairs do not run at the same time, but alternately.</p> <p><i>* Depending on the number of participants in the C-Class, single elimination or round robin system will be used.</i></p>
<b>Doping Control</b>	Some contestants chosen at random will be tested. The list of prohibited products will be equal to the list of the IOC.
<b>Awards</b>	To all winners of 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> place, cups will be awarded.
<b>Hall Rules</b>	Only the competitors and their coaches have admittance with their registration cards to the contest areas.
<b>Protest</b>	Must be made by the <b>official coach</b> within 10 minutes of the end of the contest to the Poomsae Referee Director. Protest fee is €100.
<b>Liability</b>	All competitors participate at their own risk. The organizers or the VTB shall not accept responsibility for any damages, injuries or losses sustained or incurred.

## 5. ENTRY

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**Applications** Subscriptions via **Taekoplan Tournament Subscription Site (TPSS)**  
To **register** and **login** to the service please use this link:

**[www.tpss.nl](http://www.tpss.nl)**

**Deadline** **Monday 12 March 2012**  
**Entries after this deadline will not be accepted**

**Entry Fee**

A-individual (1):	€ 45,-	B- and C-individual (1):	€ 20,-
A-pairs (2):	€ 45,-	B- and C-pairs (2):	€ 20,-
A-teams (3):	€ 45,-	B- and C-teams (3):	€ 20,-

**Entry fees must be paid by bank before the deadline of 12 March 2012!** The entry fee must be paid and specified to the bank account of the Vlaamse Taekwondo Bond vzw:

**Bank:** Dexia, Havermarkt 36-38, B-3500 Hasselt  
**Account:** BE21 0682 3723 0503  
**Swift Code:** GKCCBEBB

**The costs of the bank transfer (non-Euro zone) will be charged. There will be no refund if a registered competitor fails to show up for the competition!**

**NOTE:** Registrations are only valid when payments have been received and can be confirmed by the Bank and the Organizer.

**Modifications** For all modifications that are to be made after the deadline, an administration fee of **€ 15,-** will be charged. This must be paid in cash at the registration.

**Coach** For every 5 contestants within the same team, one coach is granted free admission, with a maximum of 3 coaches. Only competitors and coaches have admittance to the competition areas.  
**Coaching is only allowed in sports wear (no dobok!). All coaches must be 18 years or older!**

All coaches and officials need to register on **[www.tpss.nl](http://www.tpss.nl)** and must upload a photograph. An amount of **€ 5 (Euro)** will have to be paid when a photograph of another person was uploaded.

**Spectators**

Up to 7 years old:	admission is free
8 years and older:	1 day-ticket € 5,-

## 6. INTERNATIONAL REFEREES POOMSAE

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Invitations for International Poomsae Referee will be made by the Referee Director.

Hotel and full board accommodation from **30 March** until **1 April 2012** will be provided by the organization.

**Poomsae Referee Director:**                    **Mr. Mustapha Moutarazak**  
e-mail: m.moutarazak@hotmail.com

## 7. ACCOMMODATION AND TRANSPORT

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**Hotels in Gent are quickly fully booked in this period of the year!!** Gent is a major sought-after tourist destination and offers a lot of cultural, business and sport possibilities.

We learned from the past that it is necessary to offer **cheap hotel accommodation**. Therefore, the organization is holding an allocation of rooms in Gent from 30 March to 1 April 2012 at very reasonable prices!! Teams and National teams are encouraged to book their required number of rooms early through the organization of the Flemish Taekwondo Union vzw to guarantee cheap prices and enough hotel rooms.

**To book hotel accommodation, you can visit our website [www.belgianopentaekwondo.be](http://www.belgianopentaekwondo.be)**  
There you will find the options we offer under the heading "Hotels". **Deadline is 27 February!!**

**Only NATIONAL teams that are staying in a hotel of the organization can be provided transport at the following conditions:**

(!) The organization will provide transportation to the national teams which inform us the dates and flight schedule. Transportation will be provided from airport to the hotel and from the hotel to the airport, from the hotel to the competition venue and from the competition venue to the hotel.

(!) An extra **cost of €50 per room per night** will be charged and must be paid in advance **before 27 February 2012.**

## 8. OTHERS

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**First Aid**    Will be provided by the organization and is only to be used in case of an emergency!

**Insurance**                                        **The organization and supervisor assume no responsibility for teams, any damages, violence, losses and injuries during the stay in Belgium.** All contestants must bring their own documents and forms for any medical treatment in Belgium. If not, this will have to be paid in cash.

**Press**    Filming and photographing is not allowed on the competition area, unless for press members.  
Recording from the public stands is only allowed for handy cam-type cameras.  
If you want to bring a photographer or a journalist, please mention it by email.

**This tournament is supported by:**

